

Roanoke Valley Swimming Inc.
Home of the Virginia Gators

Individual Top Times

Show Long Course Only

Time	P/F/S	Event	GATR-VA
Assaid, Paige E (10) W			
36.53 L	BB F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:24.96 L	BB F	100 Free	5/8/2009 2009 NC NSS Long Course Invitational
2:55.14 L	A F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
43.80 L	BB F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:34.31 L	A F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
49.17 L	BB F	50 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:50.01 L	BB F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
41.86 L	A F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:34.14 L	A F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
3:12.66 L	A F	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Austin, Jay (11) M			
41.88 L	F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:28.15 L	F	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:57.49 L	B F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
46.05 L	F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:44.77 L	F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
53.62 L	F	50 Breast	5/8/2009 2009 NC NSS Long Course Invitational
1:49.62 L	F	100 Breast	5/8/2009 2009 NC NSS Long Course Invitational
46.58 L	F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:41.43 L	F	100 Fly	5/8/2009 2009 NC NSS Long Course Invitational
3:28.35 L	B F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational
Barringer, Dana L (13) W			
33.33 L	BB P	50 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
1:09.99 L	A P	100 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:36.34 L	BB P	200 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
5:21.93 L	BB F	400 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
42.80 L	P	50 Back	6/20/2008 20th Furniture City Invitational
1:20.34 L	BB F	100 Back	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
3:01.99 L	B P	200 Back	6/26/2009 GSA 54th Annual Eastern Invitational
39.00 L	P	50 Fly	6/20/2008 20th Furniture City Invitational
1:19.40 L	BB P	100 Fly	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
3:09.62 L	B P	200 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
3:06.27 L	B F	200 IM	6/20/2008 20th Furniture City Invitational
6:26.42 L	BB F	400 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Black, Grace M (14) W			
33.94 L	BB P	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:16.24 L	B P	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:41.92 L	BB P	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:29.20 L	BB P	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
3:11.03 L	A F	200 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:30.59 L	P	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
3:03.10 L	BB P	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
6:34.24 L	B F	400 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Black, Lizzie (18) W			
33.17 L	BB F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:16.15 L	B P	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:39.99 L	B F	200 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:24.44 L	A F	100 Breast	5/8/2009 2009 NC NSS Long Course Invitational
3:05.39 L	BB F	200 Breast	5/8/2009 2009 NC NSS Long Course Invitational
1:22.95 L	B F	100 Fly	5/8/2009 2009 NC NSS Long Course Invitational

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Time	P/F/S	Event			
Black, Lizzie (18) W					
2:57.11	L BB F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	GATR-VA
Caldwell, Jane-Anna (14) W					
30.23	L AA P	50 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	GATR-VA
1:05.67	L AA F	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:21.99	L AA F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational	
5:05.79	L A F	400 Free	5/8/2009	2009 NC NSS Long Course Invitational	
10:34.91	L A F	800 Free	5/8/2009	2009 NC NSS Long Course Invitational	
39.21	L F	50 Back	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:20.98	L BB F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
2:55.25	L BB F	200 Back	5/8/2009	2009 NC NSS Long Course Invitational	
3:51.86	L F	200 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
36.64	L P	50 Fly	6/22/2007	19th Furniture City Invitational	
1:13.14	L AA P	100 Fly	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:44.32	L A P	200 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
2:49.68	L A F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
6:00.02	L A F	400 IM	5/8/2009	2009 NC NSS Long Course Invitational	
Caldwell, Lilly (10) W					
40.20	L BB F	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:31.02	L BB F	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
3:20.84	L BB F	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
48.13	L BB F	50 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:39.92	L BB F	100 Back	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:02.02	L F	50 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
46.66	L BB F	50 Fly	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:48.03	L BB F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:43.92	L BB F	200 IM	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
Cartledge, Emma M (9) W					
38.14	L BB F	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:25.09	L BB F	100 Free	5/8/2009	2009 NC NSS Long Course Invitational	
2:52.50	L A F	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
43.51	L A F	50 Back	5/8/2009	2009 NC NSS Long Course Invitational	
1:32.34	L A F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
48.84	L BB F	50 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
1:46.75	L A F	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
40.84	L A F	50 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
1:28.67	L AA F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:14.93	L A F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
Cartledge, George B (13) M					
35.01	L B F	50 Free	6/1/2007	The 2007 Carolian Aquatics L.C. Open	GATR-VA
1:16.66	L B P	100 Free	6/22/2007	19th Furniture City Invitational	
2:40.72	L B P	200 Free	6/22/2007	19th Furniture City Invitational	
5:31.69	L B F	400 Free	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
43.76	L P	50 Back	6/22/2007	19th Furniture City Invitational	
1:30.15	L F	100 Back	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
3:08.56	L P	200 Back	6/22/2007	19th Furniture City Invitational	
41.79	L F	50 Fly	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:28.50	L P	100 Fly	6/22/2007	19th Furniture City Invitational	
3:26.63	L F	200 Fly	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
3:05.73	L B F	200 IM	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
Cartledge, Joseph H (11) M					
					GATR-VA

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Cartledge, Joseph H (11) M			
32.85 L	BB F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:14.09 L	BB F	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:34.51 L	A F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
5:11.85 L	AA F	400 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
40.94 L	BB F	50 Back	6/20/2008 20th Furniture City Invitational
1:22.67 L	A F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
2:52.16 L	A F	200 Back	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
48.19 L	B F	50 Breast	5/8/2009 2009 NC NSS Long Course Invitational
1:40.23 L	BB F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
35.72 L	A F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:19.78 L	A P	100 Fly	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:49.34 L	AA F	200 Fly	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:49.02 L	AA F	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Crawford, Jackie (15) W			
28.93 L	AAA F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:03.10 L	AA P	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:15.41 L	AA P	200 Free	7/24/2008 2008 VSI LC Age Group Champs
4:49.02 L	AA F	400 Free	7/24/2008 2008 VSI LC Age Group Champs
10:20.14 L	A F	800 Free	5/9/2008 2008 NC New South Swimming LC Invitational
1:10.07 L	AA F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
2:30.60 L	AAA F	200 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:20.85 L	AA F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
2:55.55 L	AA F	200 Breast	7/24/2008 2008 VSI LC Age Group Champs
1:14.17 L	A F	100 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:44.45 L	BB F	200 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:34.05 L	AA P	200 IM	8/6/2008 2008 Eastern Zone LC Championships
5:24.16 L	AA F	400 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Criss, Allie J (12) W			
31.49 L	AA F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:07.36 L	AAA F	100 Free	5/8/2009 2009 NC NSS Long Course Invitational
2:25.91 L	AA F	200 Free	5/8/2009 2009 NC NSS Long Course Invitational
5:04.63 L	AAA F	400 Free	6/26/2009 GSA 54th Annual Eastern Invitational
11:14.15 L	A F	800 Free	5/9/2008 2008 NC New South Swimming LC Invitational
36.98 L	AA F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:19.05 L	AA F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:19.05 L	AA F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
46.71 L	B F	50 Breast	5/8/2009 2009 NC NSS Long Course Invitational
1:38.11 L	BB F	100 Breast	5/8/2009 2009 NC NSS Long Course Invitational
39.82 L	B F	50 Fly	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:20.98 L	A F	100 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:50.46 L	AA F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational
Criss, Austin H (15) M			
26.55 L	AA F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
56.58 L	AAA F	100 Free	7/24/2008 2008 VSI LC Age Group Champs
2:00.57 L	AAA F	200 Free	7/24/2008 2008 VSI LC Age Group Champs
4:19.73 L	AAA P	400 Free	7/24/2008 2008 VSI LC Age Group Champs
9:02.47 L	AAA F	800 Free	7/24/2008 2008 VSI LC Age Group Champs
18:31.67 L	A F	1500 Free	6/26/2009 GSA 54th Annual Eastern Invitational
34.71 L S	F	50 Back	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:05.64 L	AA F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational

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Time	P/F/S	Event			
Criss, Austin H (15) M					
GATR-VA					
2:19.12	L AA F	200 Back	7/24/2008	2008 VSI LC Age Group Champs	
47.66	L F	50 Breast	6/18/2004	16th Furniture City Invitation	
1:48.97	L F	100 Breast	7/9/2004	GSA Eastern Invitational	
3:04.69	L BB F	200 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
17.89	L S F	50 Fly	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:00.78	L AAA F	100 Fly	7/24/2008	2008 VSI LC Age Group Champs	
2:12.50	L AAA F	200 Fly	7/24/2008	2008 VSI LC Age Group Champs	
2:23.30	L AA F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
5:11.93	L AA F	400 IM	5/9/2008	2008 NC New South Swimming LC Invitational	
Dehli, CP (17) M					
GATR-VA					
27.22	L A F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:02.04	L BB P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
2:18.78	L BB F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational	
4:58.63	L BB F	400 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:10.15	L BB F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
2:33.62	L BB F	200 Back	5/8/2009	2009 NC NSS Long Course Invitational	
1:23.50	L BB P	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
1:07.25	L BB F	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:47.39	L B F	200 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:34.38	L BB F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
Doughty, Matt (13) M					
GATR-VA					
33.40	L B F	50 Free	7/20/2006	2006 LC Age-Group Championship	
1:17.52	L F	100 Free	7/7/2006	GSA Eastern Invitational	
2:52.77	L F	200 Free	7/7/2006	GSA Eastern Invitational	
37.34	L F	50 Back	7/20/2006	2006 LC Age-Group Championship	
1:23.15	L B F	100 Back	7/20/2006	2006 LC Age-Group Championship	
44.27	L F	50 Breast	7/20/2006	2006 LC Age-Group Championship	
1:36.62	L F	100 Breast	7/20/2006	2006 LC Age-Group Championship	
37.33	L F	50 Fly	7/7/2006	GSA Eastern Invitational	
1:26.72	L F	100 Fly	7/20/2006	2006 LC Age-Group Championship	
3:09.09	L B F	200 IM	7/20/2006	2006 LC Age-Group Championship	
Ewoldt, Nathan J (17) M					
UN-VA					
27.71	L A F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:05.45	L BB P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
2:21.72	L BB F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational	
5:06.40	L BB F	400 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:11.36	L BB F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
2:37.83	L BB F	200 Back	5/8/2009	2009 NC NSS Long Course Invitational	
3:27.30	L F	200 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
1:05.41	L A F	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:30.05	L BB F	200 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:34.78	L BB F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
5:50.13	L B F	400 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
Fonder, Khalil D (10) M					
GATR-VA					
35.39	L A F	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
1:16.13	L AA F	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
2:47.18	L A F	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
6:08.33	L BB F	400 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
38.52	L AAA F	50 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:19.31	L AAAA F	100 Back	6/26/2009	GSA 54th Annual Eastern Invitational	

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Time	P/F/S	Event			
Fonder, Khalil D (10) M					
49.02 L	BB F	50 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:45.48 L	A F	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
34.59 L	AAAA F	50 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
1:15.02 L	AAAA F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:05.15 L	AA F	200 IM	7/24/2008	2008 VSI LC Age Group Champs	
Girani, Aliana L (13) W					
36.73 L	B P	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:23.61 L	P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
2:59.67 L	P	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
1:48.62 L	F	100 Back	6/27/2008	Lynchburg Firecracker Invitational 2008	
3:24.49 L	P	200 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:02.69 L	F	50 Breast	6/27/2008	Lynchburg Firecracker Invitational 2008	
1:51.52 L	P	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
57.29 L	F	50 Fly	6/27/2008	Lynchburg Firecracker Invitational 2008	
1:42.40 L	P	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:48.88 L	P	200 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:26.63 L	P	200 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
Girani, Elise R (20) W					
34.65 L	P	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
2:45.29 L	P	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
1:30.12 L	P	100 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
Girani, Tommy (15) M					
30.78 L	BB P	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:04.79 L	BB P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
2:24.52 L	BB P	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
1:13.64 L L	BB F	100 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
2:40.08 L	BB P	200 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:17.13 L	B P	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
2:42.24 L	BB P	200 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
Goldstein, Rachel S (14) W					
34.05 L	BB F	50 Free	6/1/2007	The 2007 Carolian Aquatics L.C. Open	GATR-VA
1:13.70 L	BB P	100 Free	7/19/2007	2007 LC Age Group Championships	
2:34.18 L	BB P	200 Free	7/19/2007	2007 LC Age Group Championships	
5:13.26 L	A F	400 Free	7/19/2007	2007 LC Age Group Championships	
39.59 L	F	50 Back	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:23.68 L	BB P	100 Back	6/22/2007	19th Furniture City Invitational	
2:57.37 L	BB P	200 Back	7/19/2007	2007 LC Age Group Championships	
1:37.70 L	B P	100 Breast	6/22/2007	19th Furniture City Invitational	
3:26.60 L	BB F	200 Breast	5/26/2006	The 2006 Carolina Aquatics LC Open	
36.84 L	F	50 Fly	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:18.51 L	BB P	100 Fly	7/19/2007	2007 LC Age Group Championships	
2:49.25 L	BB F	200 Fly	7/19/2007	2007 LC Age Group Championships	
2:52.89 L	BB F	200 IM	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
Gray, Lauren E (16) W					
30.05 L	AA P	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	GATR-VA
1:03.86 L L	AA F	100 Free	7/17/2008	VA LC Senior Championships	
2:11.77 L	AAA F	200 Free	7/17/2008	VA LC Senior Championships	
4:31.37 L	AAA F	400 Free	7/17/2008	VA LC Senior Championships	
9:00.67 L	AAAA F	800 Free	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	

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Time	P/F/S	Event	GATR-VA
Gray, Lauren E (16) W			
17:40.61 L	AAAA F	1500 Free	7/17/2008 VA LC Senior Championships
40.92 L S	F	50 Back	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:16.65 L	BB F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
2:41.19 L	A F	200 Back	5/8/2009 2009 NC NSS Long Course Invitational
46.56 L S	F	50 Breast	5/9/2008 2008 NC New South Swimming LC Invitational
1:36.57 L S	B F	100 Breast	5/9/2008 2008 NC New South Swimming LC Invitational
3:13.86 L	BB F	200 Breast	5/8/2009 2009 NC NSS Long Course Invitational
33.17 L S	P	50 Fly	7/17/2008 VA LC Senior Championships
1:09.21 L	AA F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
2:23.50 L	AAA P	200 Fly	7/17/2008 VA LC Senior Championships
2:35.43 L	AA F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational
5:20.77 L	AAA P	400 IM	3/27/2008 2008 Central Zone Section 3 Championships
Greenland, Garrett (18) M			
26.76 L	AA F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:00.11 L	A P	100 Free	7/17/2008 VA LC Senior Championships
2:15.95 L	BB F	200 Free	5/8/2009 2009 NC NSS Long Course Invitational
4:47.93 L	BB F	400 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:10.48 L	BB F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
2:32.30 L	BB F	200 Back	5/8/2009 2009 NC NSS Long Course Invitational
30.76 L	F	50 Breast	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
1:07.52 L	AAAA P	100 Breast	8/4/2008 2008 USA-Swimming LC Junior Nationals
2:30.52 L	AAA P	200 Breast	8/4/2008 2008 USA-Swimming LC Junior Nationals
1:03.45 L	AA P	100 Fly	7/17/2008 VA LC Senior Championships
2:31.97 L	BB F	200 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:22.74 L	AA P	200 IM	7/17/2008 VA LC Senior Championships
5:29.54 L	BB F	400 IM	7/7/2006 GSA Eastern Invitational
Henry, Devin N (17) W (Yr: SO)			
29.77 L	AA F	50 Free	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:03.32 L	AA P	100 Free	7/17/2008 VA LC Senior Championships
2:11.75 L	AAA P	200 Free	7/17/2008 VA LC Senior Championships
4:41.85 L	AAA P	400 Free	7/20/2006 2006 LC Age-Group Championship
10:27.62 L	A F	800 Free	6/17/2005 17th Furniture City Invitational
19:12.41 L	AA F	1500 Free	7/7/2006 GSA Eastern Invitational
32.93 L L	F	50 Back	7/26/2007 2007 VA LC Senior Championships
32.93 L I	F	50 Back	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:10.27 L	AAA P	100 Back	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:10.27 L	AAA P	100 Back	7/26/2007 2007 VA LC Senior Championships
2:28.42 L	AAA F	200 Back	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
2:28.42 L	AAA F	200 Back	7/26/2007 2007 VA LC Senior Championships
41.00 L S	F	50 Breast	7/7/2006 GSA Eastern Invitational
1:26.93 L	BB F	100 Breast	6/22/2007 FGC A INVITATIONAL 062107 - FG4
3:01.06 L	A F	200 Breast	7/7/2006 GSA Eastern Invitational
33.26 L S	P	50 Fly	3/27/2008 2008 Central Zone Section 3 Championships
1:11.48 L S	A P	100 Fly	3/27/2008 2008 Central Zone Section 3 Championships
2:37.09 L	A F	200 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:31.18 L	AAA F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational
5:16.13 L	AAA F	400 IM	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
5:16.13 L	AAA F	400 IM	7/26/2007 2007 VA LC Senior Championships
Hines, Lauren (19) W			
26.77 L	F	50 Free	7/17/2008 VA LC Senior Championships

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Time	P/F/S	Event			
Hines, Lauren (19) W			GATR-VA		
58.69 L	P	100 Free	8/4/2008	2008 USA-Swimming LC Junior Nationals	
2:06.92 L	F	200 Free	7/17/2008	VA LC Senior Championships	
4:46.08 L	P	400 Free	3/27/2008	2008 Central Zone Section 3 Championships	
10:00.19 L	F	800 Free	5/9/2008	2008 NC New South Swimming LC Invitational	
30.94 L	F	50 Back	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
1:05.36 L	F	100 Back	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
2:22.12 L	F	200 Back	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
41.31 L S	F	50 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
1:28.19 L	F	100 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
3:10.03 L	F	200 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
33.38 L S	F	50 Fly	5/9/2008	2008 NC New South Swimming LC Invitational	
1:12.29 L	F	100 Fly	5/9/2008	2008 NC New South Swimming LC Invitational	
2:35.86 L	F	200 IM	5/9/2008	2008 NC New South Swimming LC Invitational	
Horn, Ali (16) W (Yr: SO)			GATR-VA		
29.48 L	AA	50 Free	5/9/2008	2008 NC New South Swimming LC Invitational	
1:01.27 L	AAA	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:06.75 L	AAAA	200 Free	7/17/2008	VA LC Senior Championships	
4:28.42 L	AAAA	400 Free	7/17/2008	VA LC Senior Championships	
4:25.56 L	F	500 Free	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
9:14.61 L	AAAA	800 Free	7/17/2008	VA LC Senior Championships	
18:32.11 L	AAA	1500 Free	7/20/2006	2006 LC Age-Group Championship	
34.87 L S	F	50 Back	5/9/2008	2008 NC New South Swimming LC Invitational	
1:09.27 L	AAA	100 Back	8/4/2008	2008 USA-Swimming LC Junior Nationals	
2:29.98 L	AAA	200 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
40.33 L S	F	50 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
1:21.44 L	AA	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
2:50.84 L	AA	200 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
28.00 L	F	50 Fly	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
1:03.20 L	AAAA	100 Fly	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
2:18.20 L	AAAA	200 Fly	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
2:24.55 L	AAAA	200 IM	7/17/2008	VA LC Senior Championships	
4:55.37 L	AAAA	400 IM	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
Jones, Jared A (16) M (Yr: SO)			GATR-VA		
26.33 L	AAA	50 Free	7/17/2008	VA LC Senior Championships	
58.34 L	AA	100 Free	7/17/2008	VA LC Senior Championships	
2:06.09 L	AA	200 Free	7/19/2007	2007 LC Age Group Championships	
4:31.70 L	AA	400 Free	7/19/2007	2007 LC Age Group Championships	
9:47.79 L	A	800 Free	5/9/2008	2008 NC New South Swimming LC Invitational	
38.25 L	F	50 Back	5/13/2005	2005 NC New South Swimming LC Invitational	
1:10.93 L	BB	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
2:34.40 L	BB	200 Back	5/8/2009	2009 NC NSS Long Course Invitational	
35.60 L	F	50 Breast	7/28/2005	2005 LC Age-Group Championship	
1:17.12 L	A	100 Breast	7/17/2008	VA LC Senior Championships	
2:52.48 L	A	200 Breast	7/28/2005	2005 LC Age-Group Championship	
34.16 L	F	50 Fly	5/13/2005	2005 NC New South Swimming LC Invitational	
1:07.85 L	BB	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:30.18 L	A	200 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:27.89 L	AA	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
5:20.51 L	A	400 IM	5/9/2008	2008 NC New South Swimming LC Invitational	
Jones, Jordyn A (13) W			GATR-VA		

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Time	P/F/S	Event		
Jones, Jordyn A (13) W				
			GATR-VA	
34.19 L	BB F	50 Free	7/7/2006	GSA Eastern Invitational
1:14.84 L	BB F	100 Free	7/20/2006	2006 LC Age-Group Championship
2:41.36 L	BB F	200 Free	5/9/2008	2008 NC New South Swimming LC Invitational
5:44.27 L	B F	400 Free	7/20/2006	2006 LC Age-Group Championship
37.88 L	P	50 Back	7/24/2008	2008 VSI LC Age Group Champs
1:19.01 L	BB P	100 Back	7/24/2008	2008 VSI LC Age Group Champs
2:48.48 L	BB P	200 Back	7/24/2008	2008 VSI LC Age Group Champs
39.90 L	F	50 Breast	7/24/2008	2008 VSI LC Age Group Champs
1:29.52 L	BB P	100 Breast	7/24/2008	2008 VSI LC Age Group Champs
3:08.86 L	A F	200 Breast	7/24/2008	2008 VSI LC Age Group Champs
39.77 L	F	50 Fly	6/27/2008	Lynchburg Firecracker Invitational 2008
1:22.94 L	B P	100 Fly	7/24/2008	2008 VSI LC Age Group Champs
3:08.71 L	B P	200 Fly	6/20/2008	20th Furniture City Invitational
2:51.81 L	BB P	200 IM	7/24/2008	2008 VSI LC Age Group Champs
6:04.80 L	BB F	400 IM	5/9/2008	2008 NC New South Swimming LC Invitational
Kennedy, Ben (13) M				
			GATR-VA	
31.17 L	BB F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational
1:06.66 L	BB P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational
2:19.87 L	A F	200 Free	7/24/2008	2008 VSI LC Age Group Champs
4:53.94 L	A F	400 Free	7/24/2008	2008 VSI LC Age Group Champs
34.77 L	F	50 Back	7/24/2008	2008 VSI LC Age Group Champs
1:16.02 L	BB F	100 Back	7/24/2008	2008 VSI LC Age Group Champs
2:39.24 L	A F	200 Back	6/26/2009	GSA 54th Annual Eastern Invitational
47.77 L	F	50 Breast	6/20/2008	20th Furniture City Invitational
3:19.62 L	B F	200 Breast	5/8/2009	2009 NC NSS Long Course Invitational
31.91 L	P	50 Fly	8/6/2008	2008 Eastern Zone LC Championships
1:09.88 L	A F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational
2:39.70 L	BB P	200 Fly	6/26/2009	GSA 54th Annual Eastern Invitational
2:41.64 L	A P	200 IM	6/26/2009	GSA 54th Annual Eastern Invitational
5:41.21 L	A F	400 IM	6/26/2009	GSA 54th Annual Eastern Invitational
Kennedy, Maddie (15) W				
			GATR-VA	
29.88 L	AA P	50 Free	7/24/2008	2008 VSI LC Age Group Champs
1:03.49 L	AA P	100 Free	7/24/2008	2008 VSI LC Age Group Champs
2:15.38 L	AA F	200 Free	7/24/2008	2008 VSI LC Age Group Champs
4:44.52 L	AA P	400 Free	7/24/2008	2008 VSI LC Age Group Champs
10:04.07 L	AA F	800 Free	5/9/2008	2008 NC New South Swimming LC Invitational
1:11.80 L	AA F	100 Back	7/24/2008	2008 VSI LC Age Group Champs
2:33.42 L	AA P	200 Back	7/24/2008	2008 VSI LC Age Group Champs
1:23.51 L	A P	100 Breast	6/20/2008	20th Furniture City Invitational
2:58.59 L	A F	200 Breast	6/26/2009	GSA 54th Annual Eastern Invitational
1:17.04 L	BB F	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational
2:33.70 L	AA P	200 IM	8/6/2008	2008 Eastern Zone LC Championships
5:23.91 L	AA F	400 IM	7/24/2008	2008 VSI LC Age Group Champs
Klimaaitis, Josh (15) M				
			GATR-VA	
29.41 L	BB F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational
1:06.17 L	BB P	100 Free	6/26/2009	GSA 54th Annual Eastern Invitational
2:24.27 L	BB F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational
5:02.64 L	BB F	400 Free	5/8/2009	2009 NC NSS Long Course Invitational
1:17.03 L	B F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational
2:42.34 L	BB F	200 Back	5/8/2009	2009 NC NSS Long Course Invitational

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Time	P/F/S	Event			
Klimaaitis, Josh (15) M					
GATR-VA					
1:25.63	L BB F	100 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
3:09.30	L B F	200 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
1:30.89	L F	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
2:47.82	L BB F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
Kulp, Natalie (10) W					
GATR-VA					
34.69	L AA F	50 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:15.94	L AA F	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:43.55	L AA F	200 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
5:47.30	L AA F	400 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
43.57	L A F	50 Back	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:31.89	L A F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
47.28	L A F	50 Breast	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:42.40	L A F	100 Breast	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
44.83	L BB F	50 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
1:40.38	L BB F	100 Fly	5/8/2009	2009 NC NSS Long Course Invitational	
Lawson, Allie (10) W					
GATR-VA					
35.27	L A F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:19.74	L A F	100 Free	5/8/2009	2009 NC NSS Long Course Invitational	
2:57.31	L A F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational	
42.63	L A F	50 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:32.10	L A F	100 Back	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
52.75	L BB F	50 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
1:54.57	L BB F	100 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
41.50	L A F	50 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
1:38.74	L BB F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
3:28.65	L BB F	200 IM	5/8/2009	2009 NC NSS Long Course Invitational	
McGeath, Miriam E (18) W					
GATR-VA					
30.66	L A F	50 Free	5/9/2008	2008 NC New South Swimming LC Invitational	
1:03.58	L AA P	100 Free	7/28/2005	2005 LC Age-Group Championship	
2:15.14	L AA P	200 Free	7/27/2006	VSI LONG COURSE SENIOR CHAMPIONSHIP	
4:35.07	L AAA F	400 Free	7/27/2006	VSI LONG COURSE SENIOR CHAMPIONSHIP	
9:35.37	L AAA F	800 Free	7/28/2005	2005 LC Age-Group Championship	
18:05.96	L AAA F	1500 Free	7/27/2006	VSI LONG COURSE SENIOR CHAMPIONSHIP	
43.01	L F	50 Back	6/14/2002	2002 Summer Open	
1:17.42	L BB F	100 Back	5/9/2008	2008 NC New South Swimming LC Invitational	
2:44.99	L BB F	200 Back	5/9/2008	2008 NC New South Swimming LC Invitational	
49.65	L F	50 Breast	6/14/2002	2002 Summer Open	
1:18.24	L AA P	100 Breast	7/26/2007	2007 VA LC Senior Championships	
1:18.24	L AA P	100 Breast	7/26/2007	VSI LONG COURSE SENIOR CHAMPIONSHIP	
2:43.64	L AAA F	200 Breast	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
42.68	L F	50 Fly	6/14/2002	2002 Summer Open	
1:11.73	L A F	100 Fly	6/20/2008	20th Furniture City Invitational	
2:38.72	L A F	200 Fly	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
2:29.43	L AAA P	200 IM	7/17/2008	VA LC Senior Championships	
5:05.91	L AAAA F	400 IM	3/17/2009	2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH	
McGraw, Trey (17) M					
UGTR-VA					
27.36	L A P	50 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
58.73	L AA P	100 Free	7/17/2008	VA LC Senior Championships	
2:09.06	L AA F	200 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
1:08.27	L A P	100 Back	7/17/2008	VA LC Senior Championships	

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Time	P/F/S	Event			
McGraw, Trey (17) M					
				UGTR-VA	
2:27.47	L A F	200 Back	6/26/2009	GSA 54th Annual Eastern Invitational	
1:22.51	L BB P	100 Breast	6/26/2009	GSA 54th Annual Eastern Invitational	
1:04.06	L A F	100 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
2:43.68	L B P	200 Fly	6/26/2009	GSA 54th Annual Eastern Invitational	
2:27.43	L A P	200 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
McNally, Mac (14) M					
				GATR-VA	
29.46	L A P	50 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:02.96	L AA F	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:17.85	L A P	200 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
4:47.58	L AA F	400 Free	6/26/2009	GSA 54th Annual Eastern Invitational	
19:09.77	L A F	1500 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
39.34	L F	50 Back	7/28/2005	2005 LC Age-Group Championship	
1:15.79	L BB F	100 Back	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:42.56	L BB P	200 Back	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
33.10	L P	50 Fly	7/19/2007	2007 LC Age Group Championships	
1:12.97	L BB F	100 Fly	6/20/2008	20th Furniture City Invitational	
2:37.91	L A F	200 Fly	6/20/2008	20th Furniture City Invitational	
2:40.22	L A P	200 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
5:30.08	L AA F	400 IM	6/26/2009	GSA 54th Annual Eastern Invitational	
Mesner, Victoria K (17) W					
				GATR-VA	
31.21	L A F	50 Free	6/1/2007	The 2007 Carolian Aquatics L.C. Open	
1:04.94	L S AA P	100 Free	7/17/2008	VA LC Senior Championships	
2:13.45	L AAA P	200 Free	7/17/2008	VA LC Senior Championships	
4:33.32	L AAA P	400 Free	7/17/2008	VA LC Senior Championships	
9:23.51	L AAA F	800 Free	7/17/2008	VA LC Senior Championships	
17:48.17	L AAA F	1500 Free	7/17/2008	VA LC Senior Championships	
36.83	L S F	50 Back	7/26/2007	VSI LONG COURSE SENIOR CHAMPIONSHIP	
1:14.42	L L A F	100 Back	7/17/2008	VA LC Senior Championships	
2:36.12	L AA P	200 Back	7/26/2007	VSI LONG COURSE SENIOR CHAMPIONSHIP	
2:36.12	L AA P	200 Back	7/26/2007	2007 VA LC Senior Championships	
49.83	L S F	50 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
1:45.17	L S F	100 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
3:35.54	L B F	200 Breast	5/9/2008	2008 NC New South Swimming LC Invitational	
31.40	L S P	50 Fly	7/17/2008	VA LC Senior Championships	
1:06.30	L AAA P	100 Fly	7/17/2008	VA LC Senior Championships	
2:23.10	L AAA F	200 Fly	7/17/2008	VA LC Senior Championships	
2:41.71	L A F	200 IM	5/9/2008	2008 NC New South Swimming LC Invitational	
5:42.26	L A P	400 IM	6/17/2005	17th Furniture City Invitational	
Morling, Jordan (10) W					
				GATR-VA	
34.43	L AA F	50 Free	5/8/2009	2009 NC NSS Long Course Invitational	
1:14.51	L AA F	100 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:39.07	L AAA F	200 Free	5/8/2009	2009 NC NSS Long Course Invitational	
5:25.46	L AAA F	400 Free	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
43.68	L A F	50 Back	5/9/2008	2008 NC New South Swimming LC Invitational	
1:26.33	L AA F	100 Back	5/8/2009	2009 NC NSS Long Course Invitational	
48.11	L A F	50 Breast	5/8/2009	2009 NC NSS Long Course Invitational	
1:36.58	L AAA F	100 Breast	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
35.41	L AAAA F	50 Fly	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
1:16.24	L AAAA F	100 Fly	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	
2:52.98	L F	200 Fly	6/5/2009	2009 EST Summer Sizzler Prelims & Finals	

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Time	P/F/S	Event	GATR-VA
Morling, Jordan (10) W			
2:55.62 L	AAA F	200 IM	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
6:03.30 L	AA F	400 IM	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
Myburgh, Keith M (9) M			
33.50 L	AA F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:11.22 L	AAA F	100 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:29.45 L	AAAA F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
5:07.59 L	AAAA F	400 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
41.60 L	AA F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:26.40 L	AA F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
42.19 L	AAA F	50 Breast	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
1:30.03 L	AAAA F	100 Breast	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
40.13 L	A F	50 Fly	6/27/2008 Lynchburg Firecracker Invitational 2008
1:15.38 L	AAAA F	100 Fly	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:48.59 L	AAAA F	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Norman, Sami (15) W			
31.07 L	A F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:06.35 L	A F	100 Free	5/8/2009 2009 NC NSS Long Course Invitational
2:21.79 L	A F	200 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
4:59.72 L	A F	400 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
1:13.26 L	A F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
2:37.00 L	AA F	200 Back	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:44.87 L	A F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational
Okeyo, Bunge (17) W			
28.10 L L	AAA F	50 Free	7/26/2007 2007 VA LC Senior Championships
28.10 L I	AAA F	50 Free	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:02.26 L	AAA P	100 Free	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:02.26 L	AAA P	100 Free	7/26/2007 2007 VA LC Senior Championships
2:14.55 L	AA P	200 Free	7/17/2008 VA LC Senior Championships
4:41.04 L	AAA P	400 Free	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
4:41.04 L	AAA P	400 Free	7/26/2007 2007 VA LC Senior Championships
9:41.25 L	AA F	800 Free	7/17/2008 VA LC Senior Championships
38.17 L	P	50 Back	6/18/2004 16th Furniture City Invitation
1:16.22 L	A P	100 Back	7/20/2006 2006 LC Age-Group Championship
3:00.64 L	B F	200 Back	6/18/2004 16th Furniture City Invitation
41.43 L S	F	50 Breast	5/26/2006 The 2006 Carolina Aquatics LC Open
1:26.36 L	BB F	100 Breast	6/22/2007 FGC A INVITATIONAL 062107 - FG4
3:16.10 L	BB P	200 Breast	7/7/2006 GSA Eastern Invitational
30.66 L	F	50 Fly	7/8/2005 2005 Upper SE Regional YMCA Ch
1:07.35 L	AA F	100 Fly	7/26/2007 2007 VA LC Senior Championships
1:07.35 L	AA F	100 Fly	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
2:51.32 L	BB F	200 Fly	7/7/2006 GSA Eastern Invitational
2:38.52 L	AA P	200 IM	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
2:38.52 L	AA P	200 IM	7/26/2007 2007 VA LC Senior Championships
5:43.59 L	A F	400 IM	7/7/2006 GSA Eastern Invitational
Rivenbark, Kathryn (13) W			
1:21.54 L	B F	100 Free	5/8/2009 2009 NC NSS Long Course Invitational
42.27 L	F	50 Back	5/8/2009 2009 NC NSS Long Course Invitational
1:45.86 L	F	100 Breast	5/8/2009 2009 NC NSS Long Course Invitational
40.11 L	F	50 Fly	5/8/2009 2009 NC NSS Long Course Invitational
3:17.35 L	B F	200 IM	5/8/2009 2009 NC NSS Long Course Invitational

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Time	P/F/S	Event	GATR-VA
Siar, Jacob A (15) M (Yr: FR)			GATR-VA
26.62 L	AA F	50 Free	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
57.38 L	AAA F	100 Free	7/24/2008 2008 VSI LC Age Group Champs
2:03.23 L	AAA F	200 Free	7/24/2008 2008 VSI LC Age Group Champs
4:20.18 L	AAA P	400 Free	7/24/2008 2008 VSI LC Age Group Champs
9:05.25 L	AAA F	800 Free	8/6/2008 2008 Eastern Zone LC Championships
16:54.14 L	AAA F	1500 Free	7/24/2008 2008 VSI LC Age Group Champs
33.60 L	F	50 Back	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:04.36 L	AAA F	100 Back	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
2:18.85 L	AA F	200 Back	6/5/2009 2009 EST Summer Sizzler Prelims & Finals
44.82 L	P	50 Breast	6/17/2005 17th Furniture City Invitational
1:23.11 L	BB F	100 Breast	6/22/2007 19th Furniture City Invitational
2:59.47 L	BB F	200 Breast	5/9/2008 2008 NC New South Swimming LC Invitational
32.23 L	F	50 Fly	6/1/2007 The 2007 Carolian Aquatics L.C. Open
1:11.36 L	BB F	100 Fly	5/9/2008 2008 NC New South Swimming LC Invitational
2:42.45 L	BB F	200 Fly	5/9/2008 2008 NC New South Swimming LC Invitational
2:25.76 L	AA P	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
5:00.10 L	AA F	400 IM	7/24/2008 2008 VSI LC Age Group Champs
Sink, Keri L (18) W (Yr: SR)			GATR-VA
29.32 L	AA F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:05.19 L	AA P	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:15.98 L	AA F	200 Free	5/8/2009 2009 NC NSS Long Course Invitational
4:48.06 L	AA F	400 Free	5/8/2009 2009 NC NSS Long Course Invitational
10:05.17 L	AA F	800 Free	6/20/2008 20th Furniture City Invitational
34.22 L S	F	50 Back	3/27/2008 2008 Central Zone Section 3 Championships
1:10.71 L	AA F	100 Back	5/9/2008 2008 NC New South Swimming LC Invitational
2:26.15 L	AAA F	200 Back	3/27/2008 2008 Central Zone Section 3 Championships
35.20 L S	F	50 Breast	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:14.79 L	AAA F	100 Breast	7/17/2008 VA LC Senior Championships
1:14.79 L	AAA P	100 Breast	7/17/2008 VA LC Senior Championships
2:38.12 L	AAAA F	200 Breast	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
31.37 L S	F	50 Fly	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:08.08 L	AA F	100 Fly	5/8/2009 2009 NC NSS Long Course Invitational
2:23.84 L	AAA F	200 Fly	7/26/2007 2007 VA LC Senior Championships
2:23.84 L	AAA F	200 Fly	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
2:25.63 L	AAA F	200 IM	3/27/2008 2008 Central Zone Section 3 Championships
4:59.91 L	AAAA F	400 IM	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
Summerlin, Daniel C (37) M (Yr: 98)			GATR-VA
24.22 L	F	50 Free	7/21/2000 VSI Long Course Senior Champio
54.02 L	P	100 Free	7/21/2000 VSI Long Course Senior Champio
58.56 L	P	100 Fly	7/21/2000 VSI Long Course Senior Champio
Summerlin, Taylor M (9) W			GATR-VA
41.43 L	B F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
3:12.59 L	BB F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:40.54 L	BB F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
51.92 L	BB F	50 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:50.13 L	BB F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:42.74 L	BB F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
Taylor, Elizabeth K (11) W			GATR-VA
38.04 L	B F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:25.12 L	B F	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational

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Time	P/F/S	Event	GATR-VA
Taylor, Elizabeth K (11) W			
2:56.75 L	B F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
49.42 L	F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:39.49 L	F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
53.20 L	F	50 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:54.09 L	F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
49.28 L	F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:48.01 L	F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
Todd, Trey M (10) M			
36.33 L	BB F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
1:21.77 L	BB F	100 Free	6/26/2009 GSA 54th Annual Eastern Invitational
2:51.95 L	A F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
44.10 L	BB F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:32.90 L	A F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
58.73 L	B F	50 Breast	6/20/2008 20th Furniture City Invitational
2:08.86 L	B F	100 Breast	5/9/2008 2008 NC New South Swimming LC Invitational
41.31 L	BB F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:33.59 L	A F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
3:37.81 L	BB F	200 IM	6/20/2008 20th Furniture City Invitational
Wensel, Seth A (18) M (Yr: SR)			
26.30 L	AA F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
52.45 L	AAAA F	100 Free	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
1:52.77 L	AAAA F	200 Free	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
4:02.92 L	AAAA F	400 Free	7/17/2008 VA LC Senior Championships
4:00.34 L	F	500 Free	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
9:19.46 L	AA F	800 Free	5/9/2008 2008 NC New South Swimming LC Invitational
18:33.04 L	A F	1500 Free	7/29/2004 2004 VSI LC AG Championships
29.96 L	I F	50 Back	7/26/2007 2007 VA LC Senior Championships
29.96 L	L F	50 Back	7/26/2007 VSI LONG COURSE SENIOR CHAMPIONSHIP
1:00.64 L	I AAA F	100 Back	7/17/2008 VA LC Senior Championships
2:12.65 L	AAA F	200 Back	3/27/2008 2008 Central Zone Section 3 Championships
1:18.97 L	BB F	100 Breast	5/8/2009 2009 NC NSS Long Course Invitational
2:55.53 L	BB F	200 Breast	5/9/2008 2008 NC New South Swimming LC Invitational
29.61 L	P	50 Fly	7/26/2005 2005 YMCA National Long Course Championship
57.99 L	AAAA P	100 Fly	7/17/2008 VA LC Senior Championships
2:07.74 L	AAAA F	200 Fly	3/17/2009 2009 NCSA JUNIOR NATIONAL SWIMMING CHAMPIONSH
2:22.71 L	AA P	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
5:09.65 L	A F	400 IM	7/7/2006 GSA Eastern Invitational
Whitlow, Cabell A (9) W			
38.82 L	BB F	50 Free	6/26/2009 GSA 54th Annual Eastern Invitational
3:03.56 L	BB F	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
44.04 L	BB F	50 Back	6/26/2009 GSA 54th Annual Eastern Invitational
1:34.92 L	A F	100 Back	6/26/2009 GSA 54th Annual Eastern Invitational
55.76 L	B F	50 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
1:55.10 L	BB F	100 Breast	6/26/2009 GSA 54th Annual Eastern Invitational
41.64 L	A F	50 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
1:41.33 L	BB F	100 Fly	6/26/2009 GSA 54th Annual Eastern Invitational
3:15.25 L	A F	200 IM	6/26/2009 GSA 54th Annual Eastern Invitational
Young, Katie A (15) W			
30.94 L	A F	50 Free	5/8/2009 2009 NC NSS Long Course Invitational
1:07.13 L	A F	100 Free	5/9/2008 2008 NC New South Swimming LC Invitational

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Time	P/F/S	Event	GATR-VA
Young, Katie A (15) W			
2:19.46 L	AA P	200 Free	6/26/2009 GSA 54th Annual Eastern Invitational
4:53.40 L	AA F	400 Free	6/26/2009 GSA 54th Annual Eastern Invitational
10:05.42 L	AA F	800 Free	5/9/2008 2008 NC New South Swimming LC Invitational
19:11.91 L	AA F	1500 Free	7/24/2008 2008 VSI LC Age Group Champs
1:18.61 L	BB F	100 Back	5/8/2009 2009 NC NSS Long Course Invitational
2:45.78 L	BB F	200 Back	5/8/2009 2009 NC NSS Long Course Invitational
1:18.88 L	AAA P	100 Breast	3/27/2008 2008 Central Zone Section 3 Championships
2:47.03 L	AAA P	200 Breast	3/27/2008 2008 Central Zone Section 3 Championships
1:16.90 L	BB F	100 Fly	5/9/2008 2008 NC New South Swimming LC Invitational
2:36.49 L	AA F	200 IM	7/24/2008 2008 VSI LC Age Group Champs
5:26.00 L	AA P	400 IM	7/24/2008 2008 VSI LC Age Group Champs